



Systems EnergeticsSM Product Catalogue

Working Balance: Energy Management for Personal and Professional Well-Being

by Nancy Post

A workbook for people looking to track their own energy at home and at work.

\$30.00

Elements of Organization

by Nancy Post

A manual that provides the translation of the Five Element system to business and organizational language. This book is useful for those looking to apply this model to businesses and non-profit organizations.

\$35.00

Team Assessment Questionnaire

A questionnaire for team leaders to evaluate how their work groups operate within each of the five energetic phases and as a whole. This primary diagnostic tool complements the material contained with the book *Elements of Organization*.

\$6.00 each

Pack of 10 questionnaires \$50.00

Stress Survey

A five page survey instrument to assist in evaluating the personal health and work patterns of individuals within work teams.

\$4.00 each

Pack of 10 forms \$35.00

Postage and handling: \$10 for the first item and \$3 for each additional item.

Name: _____

Company/Organization: _____

Address: _____

City: _____ State: _____ Zip _____

Telephone: _____ Email: _____

My interest in Systems Energetics is _____

Enter the quantity requested in the appropriate boxes and send a check for the total value plus postage and handling to: